

**HORAIRE AUT HIVER 2023-2024** Version spectacle (14 janvier 2024)

JOUR DAY	PATINOIRE RINK	HEURE TIME	DURÉE en min	Type	SESSION
Dimanche / Sunday	A	8h55 - 9h05	10		<b>FLOOD</b>
		9h05 - 9h15	10		<b>TRANSITION</b>
		09h15 - 10h05	50	G-ISG	<b>24ISG-PPD1</b> - Patinage Plus / CANSkate 0-1-2 Gr 1- Pr. spectacle (10, 17, 24 mars, 7, 14 avril)
		10h05 - 10h55	50	G-ISG	<b>24ISG-PPD2</b> Patinage Plus / CANSkate (0-1-2) Gr 2 Pr. spectacle (10, 17, 24 mars, 7, 14 avril)
		10h55-11h05	10		<b>FLOOD/TRANSITION – enlève les easy skate</b>
		11h15 - 12h05	50	G-ISG	<b>24ISG-PPD3</b> - Patinage Plus / CANSkate (3-4-5) Gr 3 Pr. spectacle (10, 17, 24 mars, 7, 14 avril)
		12h05			Enlève la boîte grise et fermer la porte de Zamboni
		12h10 - 13h10	65	P	23A-TOUS1 - DIM/SUN STAR Tous (Jr/Int1/Int2/Sr)
		13h10 - 14h25	70	P	23A-TOUS6 - DIM/SUN STAR Tous (Jr/Int1/Int2/Sr)
		14h25 - 14h35	10		<b>FLOOD</b>
Lundi / Monday	B	18h10 - 18h20	10		FLOOD ( Col Blancs - fin 18h10) Debut CPA 18h20
		18h20 - 19h10	50	P	23A-JR_INTER_MIX1 - LUN/MON STAR 0-1-2-3-4-5 (Jr/Int1/Int2)
		19h10 - 20h00	50	P	23A-INTER_MIX1 - LUN/MON STAR 3-4-5-6 (Inter1/Inter2)
		20h00 - 20h10	10		<b>FLOOD</b>
		20h10 - 21h10	60	P	23A-Inter2_Senior1 - LUN/MON STAR 6 - OR (Inter2/Senior)
		21h10 - 21h20	10		FLOOD (Fin CPA 21h10 - Besoin Flood Sur Glace A 21h25 - 21h35)
Mardi / Tuesday	B	16h40 - 16h50	10		FLOOD (Début CPA 16h50)
		16h50 - 17h40	50	G-ISG	<b>24ISG-PPM1</b> - Patinage Plus / CANSkate (0-1-2-3-4-5) Pr. spectacle (12, 19, 26 mars, 2, 9 avril)
		17h40 - 17h50	10		<b>FLOOD –</b>
		17h50-18h45	55	ISG	<b>24ISG-JUNIOR 1</b> (Niveau A) Pr. spectacle (12, 19, 26 mars, 2, 9 avril)
		18h45 -19h40	55	ISG	<b>24ISG-JUNIOR 1</b> (Niveau B) Pr. spectacle (12, 19, 26 mars, 2, 9 avril)
		19h40 - 19h50	10		<b>FLOOD</b>
		19h50 - 20h55	65	P	23A-Inter2_Senior2 - MAR/TUE STAR 6 - OR (Inter2/Senior)
Mercredi / Wednesday	B	20h55 - 21h05	10		FLOOD (Fin CPA 20h55)
		17h15 - 17h25	10		FLOOD/TRANSITION
Mercredi / Wednesday	A	17h25 - 18h10	45	P	<b>PRIORITE : COMP/ Solo NUMERO de groupe, TOUS STAR</b>
		18h10 - 18h55	45	P	23A-TOUS2 - MER/WED STAR Tous (Jr/Int1/Int2/Sr)
Mercredi / Wednesday	A	16h55 - 17h05	10		<b>FLOOD (Début CPA 17h05)</b>
		17h05 - 17h55	50	P	23A-TOUS3 - MER/WED STAR Tous (Jr/Int1/Int2/Sr)
		17h55 - 18h05	10		<b>FLOOD</b>
		18h05 - 19h00	55	P	<b>24ISG-INTER</b> Pr. spectacle (13, 20, 27 mars, 3, 10 avril)
		19h00 – 19h15	15		Mini pratique pour INTER 1 et INTER 2
		19h15 - 20h10	55	P	<b>24ISG-SENIOR</b> Pr. spectacle (13, 20, 27 mars, 3, 10 avril)
		20h10-20h25	15		Mini pratique pour SENIOR
Jeudi / Thursday	B	20h25 - 20h35	10		FLOOD (Fin CPA 20h25)
		15h55 - 16h05	10		FLOOD (Début CPA 16h05)
		16h05 - 16h55	50	P	<b>PRIORITE : COMP/ Solo NUMERO de groupe, TOUS STAR</b>
		16h55 - 17h40	45	P	<b>PRIORITE : COMP/ Solo NUMERO de groupe, TOUS STAR (7, 14, 21 MARS)</b>
		16h55 - 17h40	45	ISG	<b>24ISG-COMP (28 MARS, 4, 11 AVRIL)</b>
		17h40 - 18h25	45	P	<b>PRIORITE : COMP/ Solo NUMERO de groupe, TOUS STAR (7, 14, 21 MARS)</b>
		17h40 - 18h25	45	ISG	<b>24ISG-COMP (28 MARS, 4, 11 AVRIL)</b>
Jeudi / Thursday	CEGEP	18h25 - 18h35	10		<b>FLOOD (Fin CPA 18h25)</b>
		18h00 - 18h50	50	P	23A-JR_INTER_MIX2 - JEU/THUR STAR 0-1-2-3-4-5 (Jr/Int1/Int2)
		18h50 - 19h40	50	P	23A-Inter2_Senior4 - JEU/THUR STAR 6 - OR (Inter2/Senior)
Vendredi / Friday	B	20h00 - 20h55	55	P	<b>TOUS STAR</b>
		14h55 - 15h05	10		<b>FLOOD (Début CPA 15h05)</b>
		15h05 - 15h50	45	P	23A-TOUS4 - VEN/FRI STAR Tous (JR/Int1/Int2/Senior)
		15h50 - 16h50	60	P	23A-JR_INTER_MIX3 - VEN/FRI STAR 0-1-2-3-4-5 (Jr/Int1/Int2)
		16h50 - 17h45	55	P	23A-INTER_MIX4 - VEN/FRI STAR 3-4-5 (Inter1/Inter2)
		17h45 - 17h55	10		<b>FLOOD</b>
		17h55 - 18h50	55	P	23A-INTER2A - VEN/FRI STAR 5-6 (Inter2)
		18h50 - 19h45	55	P	23A-Inter2_Senior5 - VEN/FRI STAR 6 - OR (Inter2/Senior)
		19h45 - 19h55	10		<b>FLOOD</b>
		19h55 - 20h55	60	G	23A-ADULTE - VEN/FRI Patinage Adultes / Adults Skate
Samedi / Saturday	A	20h55 - 21h05	10		<b>FLOOD (Fin CPA 20h55)</b>
		18h30 - 20h30	rendez vous	P	N/A - Hors Glace STAR l'entraînement vestibulaire / Off-ice Vestibular Training
		11h25 - 11h35	10		FLOOD
		11h35 - 11h45	10		TRANSITION
		11h45 - 12h35	50	G	<b>24ISG-PPS1</b> - SAM/SAT Patinage Plus / CANSkate (0-1-2) Gr 1 (9, 16, 23 mars, 6, 13 avril)
		12h40 - 13h30	50	G	<b>24ISG-PPS2</b> - SAM/SAT Patinage Plus / CANSkate (0-1-2) Gr 2(9, 16, 23 mars, 6, 13 avril)
		13h30 - 13h40	10		<b>FLOOD –</b>
		13h40 - 13h45	5		<b>TRANSITION</b>
		13h45 - 14h35	50	G	<b>24ISG-PPS3</b> - SAM/SAT Patinage Plus / CANSkate (3-4-5) Gr 3 (9, 16, 23 mars, 6, 13 avril)
		14h35			Enlève la boîte grise – Fermer la porte de Zamboni
Samedi / Saturday	B	14h45 - 15h35	50	P	23A-TOUS5 - SAM/SAT STAR Tous (JR/Int1/Int2/Senior)
		15h35 - 16h25	50	P	<b>PRIORITE : COMP/ Solo NUMERO de groupe, TOUS STAR (9, 16 MARS)</b>
		15h35 - 16h25	50	ISG	<b>24ISG-AP – (23 MARS, 6, 13 AVRIL)</b>
		16h25 - 16h35	10		FLOOD (Fin CPA 16h25)
		15h55 - 16h05	10		FLOOD (Début CPA 16h05)
		16h05 - 17h05	60	P	23A-Inter2_Senior6 - SAM/SAT STAR 6 - OR (Inter2/Senior)
Samedi / Saturday	B	17h05 - 18h00	55	P	23A-INTER_MIX5 - SAM/SAT STAR 3-4-5 (Inter1/Inter2)
		18h00 - 18h55	55	P	23A-JR_INTER_MIX4 - SAM/SAT STAR 0-1-2-3-4-5 (Jr/Int1/Int2)
		18h55 - 19h05	10		FLOOD (Fin CPA 18h55)

Le dernier cours collectif de la saison automne-hiver est le suivant : **Leçon de groupe PP/Dev/ STAR** : PPS1, PPS2, PPS3, Développement (2 mars) : PPD1, PPD2, PPD3, STAR Group lesson (3 mars) ; PPM1, (6 mars) ; STAR Group lesson Mercredi (7 mars) ; STAR Group Lesson Jeudi, Development, (8 mars)

Le dernier **PP en cours, Adulte en cours** est le suivant : Mardi (6 mars), Mercredi (7 mars), Vendredi (8 mars), Samedi (2 mars), Dimanche (3 mars).

Des sessions spéciales ont été réservées pour les patineurs inscrits en privé comme Junior, Inter, Senior qui participeront aux Jeux de Qc, STAR 2024, Vaudreuil. Ordre de priorité : Compétiteurs, Solistes, Privé (Junior, Inter, Senior)

The last group class for the Fall-Winter Season is as follows: **PP/Dev/ STAR Group Lesson**: PPS1, PPS2, PPS3, Development (March 2): PPD1, PPD2, PPD3, STAR Group lesson (March 3); PPM1, (March 6); STAR Group lesson Mercredi (March 7); STAR Group Lesson Jeudi, Development, (March 8)

The last **PP in lesson, Adult in lesson** is as follows: Tuesday (March 6), Wednesday (March 7), Friday (March 8), Saturday (March 2), Sunday March (March 3).

Special sessions has been reserved for skaters registered in Private as Junior, Inter, Senior who will be competing at the Jeux de Qc, STAR 2024, Vaudreuil. Order of priority: Competitors, Soloists, Private (Junior, Inter, Senior).